

Want to **Quit?** **AvMed Can Help.**

AvMed Health Plans wants you to take that important step toward a healthier lifestyle. Though your AvMed membership, SmokEnders, a smoking cessation program, is available to you. Better yet, once you quit, you'll be reimbursed for the cost of the SmokEnders Program*.

Getting Started

Simply contact SmokEnders at 800-828-4357 or www.smokenders.com to order the Quit Kit. The SmokEnders program reports unmatched success rates due to the program's unique method of approaching smoking from both the psychological AND physiological perspectives. Unlimited toll-free phone counseling is included, so you'll never be left without help from their trained staff.

Your Reimbursement

Once you quit smoking, send your receipt for the SmokEnders Quit Kit along with your current mailing address, phone number and "quit date" to:

AvMed Health Plans

Health Promotions
SmokEnders
9400 S. Dadeland Blvd., Suite 370
Miami, FL 33156

The reimbursement process generally takes 60 days from the receipt of your request.

Questions?

Call AvMed Member Services at the number listed on your AvMed ID card.

* Due to government regulations, Medicare members are not eligible for reimbursement.



Health plans with **your health** in mind.

AVMED
HEALTH PLANS